

3000 Squats in November 2204

Frequently Asked Questions

How Do I Sign Up to Take Part?

Step 1: Register for your t-shirt and create an Eventmaster fundraising page here:

<https://eventmaster.ie/fundraising/campaign/3000%20Squats%20in%20November%20Challenge/create-page.html>

Step 2: Join our Facebook group and meet other participants here:

<https://www.facebook.com/groups/1048212693197386>

How do I track my squats?

The best way is to use our handy Squat Tracker which you will receive with your registration pack.

How do I get my special token of appreciation

Participants qualify for a special token of our appreciation based on a minimum fundraising target and on completion of 3000 Squats in the month of November.

As part of this challenge, you must set up a fundraising page for the Mater Hospital Foundation and **have raised at least €50 by the end of the challenge to qualify** for this token of appreciation. This minimum fundraising requirement reflects the cost of challenge packs; while also highlighting our need to ensure we spend our money wisely and for maximum impact.

You should also use your fundraising page to update number of Squats performed throughout the challenge. These pages are linked to the Mater Hospital Foundation, so we'll be able to see that you have completed your 3000 Squats.

How do I set up a 3000 Squats in a Month Fundraising Page?

To set up a fundraising page on Eventmaster, click this link:

<https://eventmaster.ie/fundraising/campaign/3000%20Squats%20in%20November%20Challenge/create-page.html>

Why can't we fundraise on Facebook?

Facebook withdrew their fundraising tools across the EU earlier this year, which is why we're using Eventmaster. Therefore, to register and fundraise for the event, you can simply visit our Eventmaster page and fill in our t-shirt registration form.

Do I have to 'Tip' Eventmaster whilst donating to a fundraising page?

On the 'tip' dropdown when people are donating, Eventmaster don't charge the charity fees, so they have an optional tip at the payment stage that can be set to zero. This tip allows Eventmaster to offer the service to charities at no cost, while also supporting the running cost of the platform.

How will the money I raise help patients of the Mater Public Hospital?

By taking on our 3000 Squats in November challenge, you will help us to raise vital funds for 'Breast Cancer' at the Mater Public Hospital to continue to transform patient care and save even more lives.

I'm not able to donate or create a fundraising page on Eventmaster. Who do I contact?

Please feel free to contact fundraising@materfoundation.ie or DM us on Facebook.

Can I raise funds offline?

Yes, we do allow participants to fundraise offline by providing them the sponsorship cards.

Can we participate as a team? Will we all get a t-shirt?

Yes, you can participate as a team and all members will receive their t-shirts. Special tokens of appreciation are awarded based on a minimum fundraising average of €50 per team member. For further details on how to register as a team, please contact Kabir at fundraising@materfoundation.ie or DM us on Facebook.